

## Jumping Beans

The children begin by moving around the space.

When they are given various commands, they should carry out the matching action.

Jumping bean – jump

Runner bean – run around the room or (for younger children), run on the spot

Broad bean – stretch arms and legs as wide as you can and walk with large strides

Baked bean – lie on the floor in a star shape

Jelly bean – wobble like jelly

Chilli bean – shiver as though you are cold

Frozen bean – stand very still

Challenge children to think of their own 'bean' related actions to match, for example, magic bean, baked beans on toast, beanstalk.

