

Guacamole dip recipe

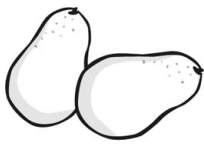
Guacamole dip is a delicious Mexican snack made mainly of avocados.



This dip has a spicy tang and includes diced tomato and coriander to give it a little extra zing.



Ingredients



2 avocados.



1/2 red onion, finely diced

(if you're using a large onion, only use a 1/4).

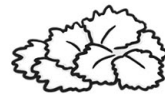


Juice of one lime.



1 tomato, cut into quarters, seeds removed and diced small.

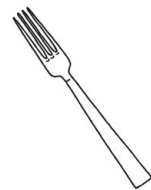
1/4 cup coriander, roughly chop stem and leaves.



Method



1. Cut avocados in half and remove seed and skin.



2. Dice avocado roughly and then crush with the bottom of a fork.

3. Add all ingredients and stir until well combined.



4. Check for seasoning and season to taste with salt and pepper.

