

L.O To understand the qualities involved to achieve goals

Read this short story about a boy who wanted to learn to play the violin.



Jason and his goal

Jason was a boy who was good at a lot of things at school and he loved to be the best at new activities too. He always got the top marks in tests and was picked for school football teams every time there was a competition. Jason never even had to try very hard at these things, he was naturally very talented. As a result, he felt confident that he could achieve new goals.

One day, Jason's best friend Phil started violin lessons. Within a few months, Phil was very good. He had been practicing every night at home and his teacher said he had done well to reach his goal of completing the first violin exam.

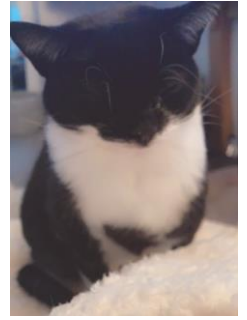
Jason decided that he would start violin lessons too. So, he went along to lessons on a Tuesday night. However, he could not make the same lovely sound that Phil could and he struggled to read the music. It was new to him and he didn't find it easy. He also felt like the teacher liked Phil more than him. He got very angry, stopped practicing and gave up violin lessons after 1 month of trying. He even got jealous of Phil, Jason wasn't used to him being better at something.

Phil continued to practice every night and went on to do 2 more violin exams. Jason decided to go back to doing well in tests and at football.

Now answer these questions:

1. What goals had Jason already achieved in his life?
2. Do you think that Jason was somebody who had to work hard to achieve these goals?
3. Why did Jason find it hard to play the violin?
4. What could he have done to get better at the violin?
5. What qualities did Phil have that helped him to achieve his goal to complete 3 violin exams?
6. What advice would you give to somebody who is trying a new skill for the very first time?

L.O To identify goals that I have already achieved



We all have different talents. Some people excel at sports, others are great at showing kindness towards other children. We achieve goals when we do well. Sometimes we can even achieve goals in an area that we didn't know we were good at.

1.Circle the areas in the box that you think you have made progress with this year

<i>Handwriting</i>	sports	listening to my teacher carefully
Helping other children		improving my behaviour
Maths lessons	spellings	showing good manners

2. Think about **one** of the things that you circled on 1. Explain how you have got better in this area this year. For example, you may have improved spelling by practicing at home lots.

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3. How do you feel now that you have achieved goals in this area?

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4.Draw a picture of you achieving your goal in the box and make sure you also draw anybody who helped you to reach your goal.

