

PSHE	Autumn 1	Autumn 2
	<p>Being Me <i>Jigsaw Puzzle 1</i> <i>Seal: Good to be Me</i></p>	<p>Celebrating Differences (including Anti-Bullying Week) <i>Jigsaw Puzzle 2</i> <i>Seal: Say no to Bullying</i> <i>Seal: Getting on and Falling Out</i></p>
N/R CG	<p><i>Understand rights and responsibilities of being a member of class/school</i> <i>Understand School's Values</i> Can work as part of a group/class and understand and follow the rules Have confidence to try new activities Can talk about own and others' behaviour</p>	<p><i>Know Brixington's Anti-Bullying policy</i> Shows sensitivity to others' needs and feelings. Confident to talk about own ideas and express why they like some activities more than others. Takes account of others' ideas.</p>
1 CG	<p><i>Understand rights and responsibilities of being a member of class/school</i> <i>Understand School's Values</i> Begin to understand choices and consequences</p>	<p><i>Know Brixington's Anti-Bullying policy</i> Know that differences make us special and unique Identify what makes me different from my friends</p>
2 CG	<p><i>Understand rights and responsibilities of being a member of class/school</i> <i>Understand School's Values</i> Help make my class a safe and fair place Identify when I am worried and ask for help</p>	<p><i>Know Brixington's Anti-Bullying policy</i> Express feelings about similarities and differences between me and friends Explain why differences should be valued</p>
3 CG	<p><i>Understand rights and responsibilities of being a member of class/school</i> <i>Understand School's Values</i> Recognise feelings in myself and others Understand why rules are needed</p>	<p><i>Know Brixington's Anti-Bullying policy</i> Understand effects of words upon others' feelings (inc. discriminatory language) Give and receive compliments and know how this feels</p>
4 CG	<p><i>Understand rights and responsibilities of being a member of class/school</i> <i>Understand School's Values</i> Make a positive contribution to class/school</p>	<p><i>Know Brixington's Anti-Bullying policy</i> Explain why accepting people for who they are is important Understand first impressions and how they change (inc. racial stereotyping)</p>
5 CG	<p><i>Understand rights and responsibilities of being a member of class/school</i> <i>Understand School's Values</i> Understand that my actions affect others Understand my rights and responsibilities as a British citizen</p>	<p><i>Know Brixington's Anti-Bullying policy</i> Explain the different types of bullying Know how to act when bullying occurs</p>
6		<p><i>Know Brixington's Anti-Bullying policy</i></p>

CG	<p><i>Understand rights and responsibilities of being a member of class/school (whole-school responsibilities for Y6)</i></p> <p><i>Role model School's Values</i></p> <p>Understand the universal rights of all children</p> <p>Understand how 'having a voice' benefits school community (democracy)</p>	<p>Explain why difference can be a source of conflict and a cause for celebration</p> <p>Empathise with others when conflict arises</p> <p>(Computing curriculum E- safety)</p>
PSHE	Spring 1	Spring 2
	<p>INSPIRING EXCELLENCE</p> <p><i>Jigsaw Puzzle 3</i></p> <p><i>Seal: Going for Goals</i></p>	<p>HEALTHY ME</p> <p>(drug education)</p> <p><i>Jigsaw Puzzle 4</i></p> <p><i>Drugs SoW</i></p>
N/R CG	<p><i>Explore how our class contributes to the school vision – Inspiring Excellence (endeavour)</i></p> <p><i>Works as part of a group/class.</i></p> <p><i>Confident to speak in a familiar group and talk about own ideas.</i></p> <p><i>Shows sensitivity to others' needs and feelings.</i></p>	<p>PD:HSC link</p> <p>Manage own basic hygiene and personal needs successfully, eg toileting on own.</p> <p>Know the importance for good health of physical exercise and a healthy diet.</p>
1 CG	<p><i>Explore how our class contributes to the school vision – Inspiring Excellence (endeavour)</i></p> <p>Recognise how it feels to succeed with a challenge</p>	<p>Know some ways to stay safe and healthy (including medicines)</p> <p>Know safety rules for the use of medicines and other household products.</p> <p>(PSHE Association sessions on drug education on One drive)</p>
2	<p><i>Explore how our class contributes to the school vision – Inspiring Excellence (endeavour)</i></p> <p>Work cooperatively towards a shared goal</p> <p>Express what felt good/difficult about working in a group</p>	<p>Knows how to make healthy snack choices and why this is good for our bodies</p> <p>Know why it is important to use medicines safely</p>
CG		<p>Recognise and describe feelings and how to manage them, including big feelings.</p> <p>(PSHE Association sessions on mental health and well-being on One drive)</p> <p>(Computing curriculum E- safety)</p>
3	<p><i>Explore how our class contributes to the school vision – Inspiring Excellence (endeavour)</i></p> <p>Make a plan to reach a goal</p> <p>Know how feelings influence learning.</p> <p><i>(Seal Going for Goals)</i></p>	<p>Know some strategies for keeping safe and sourcing help</p> <p>Consider smoking and its effects (drugs SoW)</p>
CG		<p>To identify some of the risks of smoking, alcohol, caffeine.</p> <p>(PSHE Association sessions on drug and alcohol education on One drive)</p>

4	<p><i>Explore how our class contributes to the school vision – Inspiring Excellence (endeavour)</i></p> <p>Know what resilience means</p> <p>Identify obstacles and plan to overcome them</p>	<p>Recognise peer pressure and how to resist it</p> <p>Know how to manage feelings and emotions in different situations and how to get help and advice. (PSHE Association sessions on mental health and well-being on One drive)</p> <p>(Computing curriculum E- safety)</p>
CG		
5	<p><i>Explore how our class contributes to the school vision – Inspiring Excellence (endeavour)</i></p> <p>Describe dreams/goals of a young person in a culture different from mine (RE link)</p> <p>Reflect on how others’ goals relate to my own</p>	<p>Know what body image is and why it is important to be positive when reflecting on this</p> <p>Know some of the risks with mis-using alcohol</p> <p>Know how medicines can support health and wellbeing.</p> <p>Know some of the risks and effects of legal and illegal drugs. (PSHE Association sessions on drug and alcohol education on One drive)</p> <p>(Computing curriculum E- safety)</p>
CG		
6	<p><i>Explore how our class contributes to the school vision – Inspiring Excellence (endeavour)</i></p> <p>Know why it is important to stretch the boundaries of my current learning</p> <p>Describe how people might work together to make the world a better place</p>	<p>Know some basic first aid for emergency situations</p> <p>Know some different types of drugs beyond smoking and alcohol and their effects on the body</p> <p>To know what mental health is and identify ways of taking care of it. (PSHE Association sessions on mental health and well-being on One drive)</p>
CG		

PSHE	Summer 1	Summer 2
	RELATIONSHIPS and RESOLVING CONFLICT	CHANGING ME
N/R CG	<p>To play cooperatively, taking turns with others and take account of others’ ideas</p> <p>Show sensitivity to others’ needs and feelings and form positive relationships with adults and other children.</p>	<p>UW:W</p> <p>To identify simple changes in ourselves, animals and plants as we grow.</p> <p>To talk about how we show our feelings and show sensitivity to these needs and feelings.</p>
1 CG	<p>To talk about someone who is special to me, explain why and express how I feel about them.</p>	<p>Know parts of the body that make boys different to girls and can use the correct names for these parts.</p>
2 CG	<p>Identify some of the things that cause conflict between me and my friends.</p> <p>Demonstrate how to use positive problem-solving techniques to resolve conflicts.</p>	<p>Know the physical differences between boys and girls and use the correct names for parts of the body.</p>

		To understand that some parts of my body are private.
3	<p>Explain how some of the actions and work of people around the world help and influence my life</p> <p>(Computing curriculum E- safety)</p>	<p>Identify how bodies change on the inside during the growing up process and understand why these changes are necessary.</p> <p>Recognise feelings associated with these changes and ways of dealing with it.</p>
CG		
4	<p>Explain different points of view on an animal rights issue.</p> <p>Express my own opinions and feelings on this issue.</p>	<p>Identify what I am looking forward to when I am in year 5, reflect on any changes I would like to make and describe how to go about this.</p>
CG		
5	<p>Know how to stay safe when using technology to communicate with my friends.</p> <p>Recognise possible pressures and how to resist them.</p>	<p>Know how boys' and girls' bodies change during puberty.</p> <p>Recognise and talk about possible feelings associated with these changes.</p>
CG		
6	<p>Recognise when people are trying to gain power or control.</p> <p>Demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control.</p>	<p>Know how a baby develops from conception through the nine months of pregnancy, and how it is born.</p>
CG		