

WE ALL DESERVE A HEALTHY RELATIONSHIP

Trust



La confiance • Zaufanie
مصدق • اطمینان • اعتماد

Love



L'amour • Miłość
دوستدوست • عار • عشق

Communication



Communication • Komunikatywność
پهيوونو • پانگ پات چوت • مکتابه

Respect



Respect • Szacunek
بهره لودو پوونو • احترام • احترام

Fun



Amusement • Radość
خودسو • ترح • ترح

Equality



L'égalité • Równość
پسکستی • مساوات • برابری

Safety



La sûreté • Bezpieczeństwo
تھو • ایمنی • سلامتی

The GREAT Project

equate

choices

know more

equation
equipping • enabling • empowering

FRIENDSHIP

Friends are the people, outside of our families, with whom we choose to share our time and experiences. A good friend is always there when we need them.

TYPES OF FRIEND

- Some people choose to have one best friend with whom they share everything.
- Others prefer not to have a best friend but lots of good friends.
- Some friends stay with us for our whole life - others for just a part of it.



Qualities and skills of a
GOOD FRIEND

Listening
Sharing
Playing
Fairly
Loyalty



Honesty
Patience
Trust
Kindness

HOW TO KEEP FRIENDS



- Always be honest and open.
- Listen when they need someone to talk to.
- Support them when they need your help.
- Like them because of who they are.

HOW TO LOSE FRIENDS

- Keep secrets from them.
- Boss them around and ignore their opinions.
- Talk about them behind their back.
- Ignore them.



REMEMBER

Some people have difficulty making friends. This could be because they are shy and lack confidence. Some have moved schools regularly. It is important to help them fit in as much as we can.

HOW TO BE A GOOD FRIEND

A Guide for Kids



Find
COMMON
interests.



Remember to
SHARE
things and
experiences.



Celebrate and
SUPPORT
each other.



See the
BEST
in each other.



Be respectful,
KIND
and honest.



Always
LISTEN
to understand.



Say you're
SORRY
if there is a
mistake.



Have fun and
BE SILLY
together.



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